

Avocado diced

The Ardo avocado is perfectly ripened and therefore very well suited to preparing guacamole. It also shows how valuable it can be in many dishes (wraps, sandwiches, salads, etc.) and shapes (in pieces, strips, puréed, etc.).



Avocado

Nutrition information (100g)

Energy 677kJ/164kcal

Fat 11.3g

Fat of which saturates 1.3g

Carbohydrate 9.6g

Carbohydrate of which sugars 1.1g

Fibre 8.5g

Protein 1.6g

Salt 0.01g

Preparation

Logistical information (euro pallet)



5,0 kg

Item code: 10001120

Number and weight: 2x5,0 kg

Layer/cartons: 6x8

GTIN SU: 05411361117200

Languages: EN;NL;FR;DE;ES;IT



We preserve nature's gifts

1kg

Item code: 10002443

Number and weight: 10x1kg

Layer/cartons: 7x8

GTIN CU: 5411361179239

GTIN SU: 05411361179284

Languages:

FI,GR,CZ,SK,HR,SL,RO,NL,FR,DE,UK,ES,PT,IT

,DK,SE,NO